

# Śrī Anaghāṣṭami Pūja

or

## Anaghā Vratam

ōm śrī gurubhyō namaḥ  
hariḥ ōm

*Light the lamp/lamps. Ring the bell to clear the area of bad vibrations.*

**Ācamya:** *Cleansing*

*Moisten both palms. Then sip water three times taking in your right palm, uttering one by one for each sip, these first three names (women say namaḥ, men say swāhā):*

ōm kēśavāya swāhā (namaḥ)  
ōm nārāyaṇāya swāhā (namaḥ)  
ōm mādhavāya swāhā (namaḥ)

*Moisten palms again, symbolically washing them. Put this water container away. Chant the rest of the 24 names of Lord Viṣṇu, offering prayers.*

ōm gōvindāya namaḥ  
ōm viṣṇavē namaḥ  
ōm madhusūdanāya namaḥ  
ōm trivikramāya namaḥ  
ōm vāmanāya namaḥ  
ōm śrīdharāya namaḥ  
ōm hṛṣīkēśāya namaḥ  
ōm padmanābhāya namaḥ  
ōm dāmōdarāya namaḥ  
ōm sankarṣaṇāya namaḥ  
ōm vāsudēvāya namaḥ  
ōm pradyumnāya namaḥ  
ōm aniruddhāya namaḥ  
ōm puruṣōttamāya namaḥ  
ōm adhōkṣajāya namaḥ  
ōm nārasimhāya namaḥ  
ōm acyutāya namaḥ  
ōm janārdanāya namaḥ  
ōm upēndrāya namaḥ  
ōm harayē namaḥ  
ōm śrī kṛṣṇāya namaḥ  
śrī kṛṣṇa parabrahmaṇē namaḥ

*I request all evil spirits to depart from this place of worship.*

**Prāṇāyāmaḥ:** *Controlled Breathing*

**Sankalpam:** *Determination*

**ōm mama upāṭṭa samasta durita kṣaya dwārā śrī**

**paramēśwaramuddiśya |**

**śrī paramēśwara prītyartham | śubhē śōbhanē muhūrtē |**

**śrī mahā viṣṇōrājñayā pravartamānasya adya brahmaṇaḥ |**

**dvitīya parārdhē | śveta varāha kalpē | vaivaswata**

**manvantarē | kaliyugē prathama pādē | jambū dvīpē | ( if in**

**India) bharata varṣhē | bharata khaṇḍē (if elsewhere mention**

**the name of your continent and country) | meroḥ ... dakṣiṇa (if**

**you are located to the south of the Himalayas), paścima (if to the**

**west of the Himalayas), uttara (if to the north of the Himalayas),**

**pūrva (if to the east of the Himalayas) digbhāgē | śōbhana grhē |**

**samasta devatā brāhmaṇa harihara sadguru caraṇāravinda**

**sannidhou | asmin vartamāna vyāvahārika cāndramānēna**

**(in the name of the Hindu year - if not known, say śubha -**

**auspicious) samvatsarē | (in the specific half-year; if between**

**Jan.14-July14) uttarāyanē, (if between July 15-Jan.13)**

**dakṣiṇāyanē | (in the name the Hindu month-specify) māsē |**

**(name the waxing or waning lunar phase) śukla or kṛṣṇa pakṣē |**

**(on the lunar day-specify) tithau | (name the day of the week in**

**Sanskrit) indu (on Monday), bhauma (on Tuesday), saumya (on**

**Wednesday), bṛhaspati ((on Thursday), bhṛgu (on Friday), sthira**

(on Saturday), **bhānu** (on Sunday) *vāsarē* | **śubha nakṣatra,**  
**śubha yōga, śubha karaṇa, ēvaṅguṇa viśēṣaṇa viśiṣṭhāyaam,**  
**śubha tithau** | (*mention your gotra, birth star, and name*) |  
**anaghā dēvī samēta śrī anagha svāmi prasāda siddhi dvārā |**  
**bhakti jnāna vairāgya yōgānām nirantara abhivṛddhyartham**  
**| ātma jnāna siddhyartham | asmākam saha kuṭumbānām**  
**kṣēma sthairyā vīrya vijaya abhaya āyurārōgya**  
**aiśwaryābhivṛddhyartham | dharmārtha kāmamōkṣa**  
**caturvidha phala puruṣārtha siddhyartham | śrī anaghā dēvī**  
**samēta śrī anagha svāminam uddiśya śrī anaghā dēvī samēta**  
**śrī anagha svāmi prītyartham | śrī anaghāṣṭamī vrata pūjām**  
**yāvacchakti dhyāna āvāhanādi ṣōḍaśa upacāra vidhānēna**  
**aham kariṣyē |**

*With the intention of removing the sins of me and my family, so that I may please God and thereby increase devotion, spiritual knowledge, and detachment, and obtain protection, vigor, success, longevity, health, prosperity, fearlessness, steadiness, righteousness, fulfillment of desires, and liberation, at this specific location and at this specified time as mentioned, I, with my specific identity established, am going to perform the worship to the best of my ability offering the 16 services to Anagha Swāmi and Anaghā Dēvi along with their 8 sons.*

**ādau śrī mahāgaṇapati pūjām kariṣyē |**

*I first worship Lord Gaṇapati.*

**vakratuṇḍa mahā kāya sūrya kōṭi sama prabhā  
nirvighnam kuru mē dēva sarva kāryēṣu sarvadā**

**śrī mahā ganapati prārthanam samarpayāmi |**

*I offer prayers to Lord Gaṇapati with the curved elephant's trunk who is as effulgent as millions of suns, to always remove obstacles from all my (worthy) endeavors.*

**Kalaśa Puja:**

*Worship the fresh water container by adding a small amount of sandal paste, yellow rice, and a flower to it, cover it with the palm of the right hand, invoking all the sacred waters to flow into it by chanting the following mantra..*

**gangē ca yamunē caiva gōdāvāri saraswati  
narmadē sindhu kāvēri jalēsmin sannidhim kuru ||**

*This sanctified water that is to be used for worship is then sprinkled with a flower on one's head, the puja materials, and the deities, for purification.*

# The main pūja

**Āvāhanam:** *Invocation*

**ādau kalpōkta tattaddēvatā prāṇapraṭiṣṭhāpanamca kariṣyē |**

**aṇimā mahimā prāptiḥ prākāmyam mahimā tathā |**

**īśitvanca vaśitvanca yacca kāmāvasāyitā ||**

*As stipulated originally in the scriptures, I invoke the special deities - Aṇima, Laghima, Prāpti, Prākāmya, Īśitva, Vaśitva, Kāmāvasāyita, and Mahima (the eight supernatural powers born as the sons of Anaghā Dēvi and Anagha Swāmi) and I infuse them with life energy.*

*Please follow the specific locations assigned to each deity on the pūja chart.*

**Aṇima:**

- 1. aṇōraṇīyasaḥ putraḥ īśānāśā vyavasthitaḥ |  
anaghasyāṇimābhikhyaḥ putraścitrassanovatu ||**

**aṣṭadaḷa padmē īśānya daḷē kalaśē aṇimākhya dēvatām  
āvāhayāmi, sthāpayāmi, pūjayāmi |**

*Anima! You are smaller than the atom. You are Datta's son. You are wonderful. You are at the northeast side of Datta. Please protect us. I invoke, seat, and worship Anima in the water pot on the northeast petal on the eight petaled lotus.*

**Laghima:**

2. **anaghānaghayōḥ putrō laghimākhyah kṛpālaghuḥ |  
dēvasyāgnēya kōṇasthō laghu buddhissanōvatu ||**

**aṣṭadaḷa padmē āgnēya daḷē kalaśē laghimākhyā dēvatām  
āvāhayāmi, sthāpayāmi, pūjayāmi |**

*! You are a son of the Anagha couple. You are very generous and highly intelligent. You are at the southeast side of Datta. Please protect us. I invoke, seat, and worship Laghima in the water pot on the southeast petal on the eight petaled lotus.*

**Prāpti:**

3. **bhaktābhīṣṭa phalapṛāpti kārakōnaghayōssutaḥ |  
dēvasya nairṛtē kōṇē sthitaḥ pṛāpti ssaṇōvatu ||**

**aṣṭadaḷa padmē nairṛti daḷē kalaśē pṛāpti dēvatām  
āvāhayāmi, sthāpayāmi, pūjayāmi |**

*Prāpti! You are a son of the Anagha couple. You fulfill the wishes of devotees. You are at the southwest side of Datta. Please protect us. I invoke, seat, and worship Prāpti in the water pot on the southwest petal on the eight petaled lotus.*

**Prākāmya:**

4. **avadhūta gurōssvecchā sancāra syānaghasya yaḥ |  
vāyu kōṇa sthitaḥ putraḥ prākāmyākhyassanōvatu ||**

**aṣṭadaḷa padmē vāyavya daḷē kalaśē prākāmya dēvatām  
āvāhayāmi, sthāpayāmi, pūjayāmi |**

*Prākāmya! You are a son of avadhūta guru Datta. You move about freely. You are at the northwest side of Datta. Please protect us. I invoke, seat, and worship Prākāmya in the water pot on the northwest petal on the eight petaled lotus.*

**Īśitva:**

5. **sarvātīśāyitām dēvasyānaghasya jagadgurōḥ |  
khyāpayan dakṣa bhāgasthaḥ īśitvākhyassanōvatu ||**

**aṣṭadaḷa padmē dēvasya dakṣiṇa bhāgastha daḷē kalaśē  
īśitva dēvatām āvāhayāmi, sthāpayāmi, pūjayāmi |**



*Īśitva! You propagate the glory and grandeur of Datta, the spiritual guru of the Universe. You are to the south of Datta. Please protect us. I invoke, seat, and worship Īśitva in the water pot on the southern petal on the eight petaled lotus.*

**Vaśitva:**

6. jagadyasya vaśē tiṣṭhatyanaghasya mahātmanah |  
ātmajō vāma bhāgasthō vaśitvākhyassanōvatu ||

**aṣṭadaḷa padmē dēvasya vāma bhāgastha daḷē kalaśē vaśitva  
dēvatām āvāhayāmi, sthāpayāmi, pūjayāmi |**

*Vaśitva! You are a son of Datta, who controls the entire Universe. Please protect us. I invoke, seat, and worship Vaśitva in the water pot on the eight petaled lotus.*

**Kāmāvasāyita:**

7. kāmāvasāyitābhikhyō hyanaghasyānga rakṣavat |  
paścād bhāga sthitaḥ putraḥ kamanīyassanōvatu ||

**aṣṭadaḷa padmē dēvasya paścād bhāgastha daḷē kalaśē  
kāmāvasāyitākhyā dēvatām āvāhayāmi, sthāpayāmi,  
pūjayāmi |**

*Kāmāvasāyita! You are at the back of Datta like a bodyguard. Please protect us. I invoke, seat, and worship Kāmāvasāyita in the water pot on the west side petal on the eight petaled lotus.*

**Mahima:**

8. **purastādanagha dvandva pādasīmni vyavasthitaḥ |  
mahimākhyō mahā kāryakārī putrassanōvatu ||**

**aṣṭadaḷa padmē purastāddaḷē kalaśē mahimākhyā dēvatām  
āvāhayāmi, sthāpayāmi, pūjayāmi |**

*Mahima! You sit at the feet of Datta and Anaghā Dēvi. Your achievements are miraculous. Please protect us. I invoke, seat, and worship Mahima in the water pot on the eastern petal on the eight petaled lotus.*

9. **ēvam tattat suta bhrājaddaḷāṣṭaka suśobhinaḥ |  
karṇikāyām pankajasya kalitāyām mahāguṇaiḥ |  
samāsīnaḥ praśāntātmā kṛpābdhīranaghāhvayaḥ |  
dattātrēyō gurur viṣṇur brahmēsātmā sanōvatu ||**

**aṣṭadaḷa padmē madhyē karṇikāyām pradhāna kalaśē śrī  
madanagha swāminam dattātrēyam āvāhayāmi, sthāpayāmi,  
pūjayāmi |**

*Anagha Swāmi! You are seated at the center of the eight petaled lotus with your eight sons at each petal. Your pious qualities are superb. You are the ocean of peace and mercy. You are a son of Atri. You are the Universal Teacher. You are Brahma, Viṣṇu, and Śiva in one form. Please protect us. I invoke and worship Datta at the center of the lotus.*

**10. anaghasvāminaḥ pārśvē samāsīnā kṛpālayā |  
sarvair brāhmya guṇairyuktā yogādhīśā jagatprasūḥ |  
padmāsanā padmakarā bhaktādhīnā pativratā |  
anaghāmbā mahālakṣmī mahābhāgā canōvatu ||**

**aṣṭadaḷa padmē madhyē karṇikāyām śrī madanagha  
swāminaḥ pārśvē śrīmatīm anaghā dēvīm āvāhayāmi,  
sthāpayāmi, pūjayāmi |**

*Oh Mother Anaghā Dēvi! You are seated to the left of Anagha Swāmi. You are merciful. You have all the pious qualities. You have total control of Yoga. You are the Mother of the Universe. You are in padmasana (a seated yogic seated posture). You hold a lotus in one hand. You always bestow care and attention to your ardent devotees. Your chastity is beyond comparison. You are an incarnation of Mahā Lakṣmī (the Goddess of Prosperity). Oh Supreme Soul! Please protect us. I invoke and worship Anaghā Dēvi at the center of the lotus.*

**Prāṇa pratiṣṭhā:** *Infusing life energy into the deities who are assembled on the altar in their celestial forms.*

11. **īśānyā maṇimābhikhyē cāgneyyām laghimābhidhē |  
prāpti nāmani nairṛtyām prākāmyākhyēnilasthalē |  
īśitvākhyē vaśitvākhyē cōbhayōḥ pārśvayōrapī |  
kāmāvasāyitā nāmni paścādbhāgēnga rakṣavat |  
mahimni pādāmūlē ca daḷeṣvaṣṭa su nityaśaha |  
bhrājamānēṣu tan madhyē karṇikāyām kṛpālayau |  
anaghaścānaghādevī prāṇa cēṣṭā virājītau |  
caratām mama hr̥tpadme guru mār̥ga pravartakau ||**

**aṇimādi anga dēvatā parivr̥ta śrī anaghādevī samēta śrī  
anagha svāminē namaḥ | sarvēndriyāṇi vājnmanas  
cakṣuśśrōtra jihvāghrāṇarētō buddhyādīni ihaivāgatya  
sukham ciram tiṣṭhantu swāhā | prāṇapratīṣṭhāpana  
muhūrtassumuhūrto astu | sthirōbhava | varadōbhava |  
sthirāsanam kuru |**

*In the eight petalled lotus Aṇima, Laghima, Prāpti, Prākāmya, Īśitva, Vaśitva, Kāmāvasāyita, and Mahima are at the eight sides, namely, Northeast, Southeast, Northwest, Southwest, South, North, West, and East respectively. They always serve their pious parents Anaghā Dēvi and Anagha Swami who are seated at the center of the*

*eight petaled lotus. May the sacred couple remain always in the lotus of my heart with spiritual life energy, constantly directing me in the path of righteousness.*

*I pray to Datta to be present with Anaghā Dēvi and the eight sons. May this moment of the Invocation of Life Energy be auspicious. May I be blessed. May I always feel Datta's presence in my heart. May Datta be ever pleased with me.*

**12. svāmin sarva jagannātha yāvat pūjāvasānakam |  
tāvattvam prīti bhāvēna kumbhēsmin sannidhim  
kurull**

*Datta! You are the Lord of the Universe. Please be present in your celestial form in the water container till the completion of the worship.*

**Dhyānam: Meditation**

**13. padmāsanottāna manōjna pādama  
padmam dadhānam nabhayam ca pāṇyōḥ |  
yōgasthiram nirbhara kānti punjam  
dattam prapadyēnagha nāmadhēyam ||**

*Datta! You are seated in the lotus posture. I cherish the view of your enchanting feet. You hold a lotus in one hand. Your other hand gestures assurance of protection. You are ever firmly established in Yoga. You radiate divine brilliance. I seek refuge at your feet.*

**14. padmāsanasthām padayugma nūpurām  
padmam dadhānām abhayam ca pāṇyōḥ |  
yōgērtha sammīlita niścalākṣīm  
dattānuraktām anaghām prapadyē ||**

*Anaghā Dēvī! You are seated in the lotus posture. I am blessed by the view of your sacred feet. You hold a lotus in one hand. Your other hand gestures assurance of protection. While you meditate your eyes are steady and half-closed. You cherish the company of Datta. I seek refuge at your feet.*

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
dhyāyāmi |**

*I prostrate to Datta and Anaghā Dēvi. I meditate upon them.*

**Āvāhanam: Invocation**

**15. guṇātītā vapīsvēṣu kṛpayā triguṇānvitau |  
anaghām anagham dēvam dēvīm cāvāhayāmyaham ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
āvāhayāmi |**

*Oh Anaghā Dēvi! Anagha Swāmi! You are both without attributes. However in order to bestow grace upon your devotees, you appear to possess the three qualities. I invoke you both. I prostrate to Datta and Anaghā Dēvi. I invite you to be present here.*

**Āsanam: Seating**

**16. sauvarṇa pīṭham kṛṣṇa tvakcitrāsana kuśāsanaih |  
āstr̥tam gr̥hyatām devāvanaghāvarpitam mayā ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
āsanam samarpayāmi |**

*I pray that you accept my offer of a golden throne equipped with the cushion of a deer skin, grass mat, and a colorful decorated mat. I prostrate to Datta and Anagha Devi. I offer them seats.*

**Pādyam: Offering water to wash feet**

**17. yōgi śīrṣēmṛtāsārau jambha śīrṣēgni varṣakau |  
pādaḥ pādyēna hr̥dyēna kṣāḷayēnaghayōr aham ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
pādyam samarpayāmi |**

*Your lotus feet rain the nectar of immortality on the heads of yogis.  
However they rain fire on the heads of demons. I prostrate to Datta  
and Anaghā Dēvi. I offer water to wash your feet.*

**Arghyam:** *Offering water to wash hands*

**18. padmēna mālayācāttau bhaktābhīti pradāyakau |  
arghyeṇa śītalī kuryām anaghānaghayōḥ karau ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
hastayōḥ arghyam samarpayāmi |**

*I offer cool water to wash your hands. You hold a lotus in one hand.  
Your other hand gestures assurance of protection. I prostrate to  
Datta and Anaghā Dēvi. I offer water to wash your hands.*

**Ācamanam:** *Offering water to sip*

**19. jnāna jyōtir vinītānām vēda jyōtiśca vēdhasaḥ |  
yatōnagha mukhād vyaktam tatrācamanam arpitam ||**



**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
mukhe ācamanīyam samarpayāmi |**

*Your radiant faces grant the light of knowledge to devotees and the brilliance of Vedas to Brahma. I prostrate to Datta and Anaghā Dēvi. I offer you both water to sip.*

**Madhuparkam: Offering a sweet drink of honey**

**20. anaghau youśrita parīkṣārtham māyā madhu sprśau |  
madhuparkam dadētābhyām tatpādābjamadhuvrataḥ ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
madhuparkam samarpayāmi |**

*Oh Anagha couple! You are very pious. However, to test the devotees you appear to drink wine. I offer honey to you. I am like a honey-bee hovering over your sweet lotus feet. I prostrate to Datta and Anaghā Dēvi. I offer you both honey.*

**Pancāmṛta Snānam: Offering a bath with the five nectars**

**21. yau kṛpā prēritau bhakta prapancēmṛta varṣakau |  
pancāmṛtaistau snapayāmy anaghāv amṛtātmakau ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
pancāmṛta snānam samarpayāmi i |**

*Motivated by mercy, you shower the rain of immortality on the devotees. I offer the five precious ingredients of cow's milk, yogurt, and ghee all made from cow's milk, honey, and sugar to you for bath. I prostrate to Datta and Anaghā Dēvi. I offer you both a sacred bath with the five nectars.*

**Snānam: Offering the ritual bath**

**22. mātṛ tīrthāt padma tīrthāt sarva tīrthād anēkataḥ |  
samānītaiś śītalōdais snapayāmy anaghā vubhau ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
snānam samarpayāmi |**

*I offer cool, fresh water brought from sacred springs such as Matṛ Tīrtha, Padma Tīrtha, and Sarva Tīrtha. I prostrate to Datta and Anaghā Dēvi. I offer you both a bath with sacred waters.*

**Vastram: Offering clothes**

**23. valkalē rucirē sūkṣmē citra citra daśāncitē |  
māyāvṛticchēdakābhyām anaghābhyām dadē mudā ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
vastram samarpayāmi |**

*Oh Anagha couple! You free devotees from the bondage caused by illusion. I offer you both fine clothing made from plant fibers, decorated with colorful borders. I prostrate to Datta and Anaghā Dēvi. I offer you both suitable clothing.*

**Upavītam: Offering Sacred Thread**

**24. upavītam pavitram ca sahajam yatprajāpatēḥ |  
samarpitam mayā śubhram anaghau pratimuncatam ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
upavītam samarpayāmi |**

*Oh Anagha couple! With prostrations, I offer to you the sacred thread which is auspicious to Brahma. I pray that you wear it.*

**Gandham: Offering Sandal Paste**

**25. milat karpūra sadgandhair anulipyānaghānaghau |  
mukhayōralikē kuryām lasat phālākṣi sannibhē ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
gandhān dhārayāmi | gandhasyōpari alankaraṇārtham  
kunkumam akṣatāmśca samarpayāmi |**

*I offer sandal paste mixed with camphor as a decoration on your forehead to symbolize the third eye of wisdom. With prostrations I offer sandal paste, the red auspicious powder and yellow rice for decoration.*

**26. ārdrām haridrām padayōḥ mukhē puṣpa rajōnaghē |  
sīmanta sīmni sindūram tērpayē mangala pradē ||**

**śrī anaghā dēvyai namaḥ |  
nānā vidha mangala dravyāni samarpayāmi |**

*Oh Anaghā Dēvi! You cause everything auspicious. I anoint turmeric paste to your lotus feet. I offer sindūra to decorate your forehead. I prostrate to Anaghā Dēvi. I offer a variety of auspicious items to you.*

**Ābharaṇam: Offering jewelry**

**27. śīrṣē kanṭhe bāhu yugmē maṇi bandha dvayē tathā |  
vividhākṣa mālāstē bhūṣārtham kalpayēnagha ||**

*Oh Anagha Swami! I offer several rosaries of rudraksha to decorate your head, neck, shoulders, and wrists.*

**28. pādānguḷīya kaṭaka kāncī māngalya hārakān |  
kankaṇam nāsikā bhūṣām tāṅkētē dadēnaghē ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
nānā vidha ābharaṇāni samarpayāmi |**

*Oh Anaghā Dēvi! I offer several gold ornaments such as toe-rings, anklets, belt, auspicious necklaces, bangles, nose and ear ornaments. I prostrate to Datta and Anaghā Dēvi. I offer you both several ornaments.*

**Puṣpam: Offering flowers**

**29. tattatkālōttha puṣpaugha mālābhiranaghānaghau |  
āpāda śīrṣam sambhūṣya punaḥ puṣpaissamarcaḥ ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
puṣpāṇi samarpayāmi |**

*I offer garlands made with various seasonal fragrant flowers to decorate you from your feet all the way to the head. I worship you*

*again with fresh individual flowers. I prostrate to Datta and Anaghā Dēvi. I offer you both flowers.*

**Kunkuma Pūjā:** *Offering worship with the sacred red powder*

30. **dēvi tvāmanaghē bhadrē sarva mangala mangalē |  
lasat kunkuma cūrṇēna pūjayāmi prasīda mē ||**

**śrī anaghā dēvyai namaḥ |  
kunkuma pūjām samarpayāmi |**

*Oh Mother! You grant safety, security, and auspiciousness. You are an embodiment of these. With prostrations I worship you with bright Kumkum. Kindly show mercy upon me.*

**Anga Pūjā:** *Worship of the different celestial parts of the forms of the deities, Anagha Swāmi and Anaghā Dēvi*

*Worship to Anagha Swāmi:*

**śrī anagha dēvāya                      namaḥ  
pādaḥ pūjayāmi  
śrī tri jagat sancārāya                namaḥ  
janghē pūjayāmi**

śrī	ājānu bāhavē jānunī pūjayāmi	namaḥ
śrī	padmāsana sthāya ūrū pūjayāmi	namaḥ
śrī	triguṇēsāya vaḷitrayam pūjayāmi	namaḥ
śrī	śātōdarāya udaram pūjayāmi	namaḥ
śrī	karuṇākarāya hṛdayam pūjayāmi	namaḥ
śrī	bhaktāmbanāya bāhū pūjayāmi	namaḥ
śrī	sangīta rasikāya kanṭham pūjayāmi	namaḥ
śrī	jagan mōhanāya mandasmitam pūjayāmi	namaḥ
śrī	jagat prāṇāya nāsikām pūjayāmi	namaḥ
śrī	śruti samvēdyāya śrōtrē pūjayāmi	namaḥ
śrī	dhyāna gōcarāya nētra dvayam pūjayāmi	namaḥ
śrī	tilakāncita phālāya phālam pūjayāmi	namaḥ

śrī sahasra śīrṣāya                      namaḥ  
śīraḥ pūjayāmi  
śrī saccidānandāya                      namaḥ  
sarvāṅyangāni pūjayāmi

*Worship to Anaghā Devi:*

śrī anaghā dēvyai                      namaḥ  
pāḍau pūjayāmi  
śrī tri jagat sancārāyai                      namaḥ  
janghē pūjayāmi  
śrī ājānu bāhavē                      namaḥ  
jānunī pūjayāmi  
śrī padmāsana sthāyai                      namaḥ  
ūrū pūjayāmi  
śrī triguṇēsāyai                      namaḥ  
vaḷi trayam pūjayāmi  
śrī śātōdarāyai                      namaḥ  
udaram pūjayāmi  
śrī karuṇākarāyai                      namaḥ  
hṛdayam pūjayāmi  
śrī bhaktāmbanāyai                      namaḥ  
bāhū pūjayāmi  
śrī sangīta rasikāyai                      namaḥ  
kanṭham pūjayāmi



śrī jagan mōhanāyai namaḥ  
mandasmitam pūjayāmi  
śrī jagat prāṇāyai namaḥ  
nāsikām pūjayāmi  
śrī śruti samvedyāyai namaḥ  
śrōtrē pūjayāmi  
śrī dhyāna gōcarāyai namaḥ  
nētra dvayam pūjayāmi  
śrī tilakāncita phālāyai namaḥ  
phālam pūjayāmi  
śrī sahasra śīrṣāyai namaḥ  
śīraḥ pūjayāmi  
śrī saccidānandāyai namaḥ  
sarvāṅyangāni pūjayāmi

śrī anagha dēva aṣṭōttara śata nāmāvali:

*108 names of Anagha Dēva:*

ōm dattātrēyāya namaḥ  
ōm anaghāya namaḥ  
ōm trividhāgha vidāriṇē namaḥ  
ōm lakṣmī rūpānaghēśāya namaḥ  
ōm yōgādhiśāya namaḥ  
ōm drām bīja dhyāna gamyāya namaḥ  
ōm vijñēyāya namaḥ

ōm garbhādi tāraṇāya namaḥ  
ōm dattātrēyāya namaḥ  
ōm bījastha vaṭa tulyāya namaḥ  
ōm ēkāṛṇamanu gāminē namaḥ  
ōm ṣaḍarṇa manupālāya namaḥ  
ōm yōga sampat karāya namaḥ  
ōm aṣṭārṇamanu gamyāya namaḥ  
ōm ōm pūrṇānanda vapuṣmatē namaḥ  
ōm dvādaśākṣara mantrasthāya namaḥ  
ōm ātma sāyujya dāyinē namaḥ  
ōm ṣōḍaśārṇa manusthāya namaḥ  
ōm saccidānanda śālinē namaḥ  
ōm dattātrēyāya namaḥ  
ōm harayē namaḥ  
ōm kṛṣṇāya namaḥ  
ōm unmattāya namaḥ  
ōm ānanda dāyakāya namaḥ  
ōm digambarāya namaḥ  
ōm munayē namaḥ  
ōm bālāya namaḥ  
ōm piśācāya namaḥ  
ōm jnāna sāgarāya namaḥ  
ōm ābrahma janma dōṣaugha praṇāśāya namaḥ  
ōm sarvōpakāriṇē namaḥ  
ōm mōkṣa dāyinē namaḥ

ōm ōm rūpiṇē namaḥ  
ōm bhagavatē namaḥ  
ōm dattātreyāya namaḥ  
ōm smṛti mātra sutuṣṭāya namaḥ  
ōm mahā bhaya nivāriṇē namaḥ  
ōm mahā jnāna pradāya namaḥ  
ōm cidānandātmanē namaḥ  
ōm bālōnmatta piśācādi vēṣāya namaḥ  
ōm mahā yōginē namaḥ  
ōm avadhūtāya namaḥ  
ōm anasūyānandadāya namaḥ  
ōm atri putrāya namaḥ  
ōm sarva kāma phalānīka pradātrē namaḥ  
ōm praṇavākṣara vēdyāya namaḥ  
ōm bhava bandha vimōcinē namaḥ  
ōm hrīm bījākṣara pālāya namaḥ  
ōm sarvaiśwarya pradāyinē namaḥ  
ōm krōm bīja japa tuṣṭāya namaḥ  
ōm sāthyākaraṣaṇa dāyinē namaḥ  
ōm saurbīja prīta manasē namaḥ  
ōm manassankṣōbha hāriṇē namaḥ  
ōm ayim bīja parituṣṭāya namaḥ  
ōm vākpradāya namaḥ  
ōm klīm bīja samupāsyāya namaḥ  
ōm trijagad vaśya kāriṇē namaḥ

ōm śrīm upāsana tuṣṭāya namaḥ  
ōm mahā sampatpradāya namaḥ  
ōm glaumakṣara suvēdyāya namaḥ  
ōm bhūsāmrajya pradāyinē namaḥ  
ōm drām bījākṣara vāsāya namaḥ  
ōm mahatē namaḥ  
ōm cirañjīvinē namaḥ  
ōm nānā bījākṣarōpāsya nānā śaktiyujē namaḥ  
ōm samasta guṇa sampannāya namaḥ  
ōm antaśśatru vidāhinē namaḥ  
ōm bhūta grahōcchāṭanāya namaḥ  
ōm sarva vyādhi harāya namaḥ  
ōm parābhicāra śamanāya namaḥ  
ōm ādhivyādhi nivāriṇē namaḥ  
ōm duḥkha traya harāya namaḥ  
ōm dāridrya drāviṇē namaḥ  
ōm dēha dārḍhyābhi pōṣāya namaḥ  
ōm citta santōṣa kāriṇē namaḥ  
ōm sarva mantra svarūpāya namaḥ  
ōm sarva yantra svarūpiṇē namaḥ  
ōm sarva tantrātmakāya namaḥ  
ōm sarva pallava rūpiṇē namaḥ  
ōm śivāya namaḥ  
ōm upaniṣad vēdyāya namaḥ

ōm dattāya namaḥ  
ōm bhagavatē namaḥ  
ōm dattātrēyāya namaḥ  
ōm mahā gambhīra rūpāya namaḥ  
ōm vaikunṭha vāsinē namaḥ  
ōm śankha cakra gadā śūla dhāriṇē namaḥ  
ōm vēṇu nādinē namaḥ  
ōm duṣṭa samhārakāya namaḥ  
ōm śiṣṭa sampālakāya namaḥ  
ōm nārāyaṇāya namaḥ  
ōm astra dharāya namaḥ  
ōm cidrūpiṇē namaḥ  
ōm prajñā rūpāya namaḥ  
ōm ānanda rūpiṇē namaḥ  
ōm brahma rūpiṇē namaḥ  
ōm mahāvākya prabōdhāya namaḥ  
ōm tattvāya namaḥ  
ōm sakala karmaugha nirmitāya namaḥ  
ōm saccidānanda rūpāya namaḥ  
ōm sakala lōkaugha sancārāya namaḥ  
ōm sakala dēvaugha vaśīkṛti karāya namaḥ  
ōm kuṭumba vṛddhidāya namaḥ  
ōm guḍapānaka tōṣiṇē namaḥ  
ōm pancakarjāya suprītāya namaḥ  
ōm kanda phalādinē namaḥ

ōm sadguravē namaḥ

ōm śrīmad dattātrēyāya namaḥ

śrī anagha svāmi aṣṭōttara śatanāma pūjām samarpayāmi |

*I have offered worship to Anagha Swami with His 108 names.*

ōm śrī anaghā dēvī aṣṭōttara śata nāmāvaḥi:

*108 names of Anaghā Dēvī:*

ōm anaghāyai namaḥ

ōm mahādēvyai namaḥ

ōm mahā lakṣmyai namaḥ

ōm anagha svāmi patnyai namaḥ

ōm yōgēsāyai namaḥ

ōm trividhāgha vidāriṇyai namaḥ

ōm triguṇāyai namaḥ

ōm aṣṭaputra kuṭumbinyai namaḥ

ōm siddha sēvya padē namaḥ

ōm ātrēya gṛha dīpāyai namaḥ

ōm vinītāyai namaḥ

ōm anasūyā prīti dāyai namaḥ

ōm manōjnāyai namaḥ

ōm yōga śakti svarūpiṇyai namaḥ

ōm yōgātīta hṛdē namaḥ

ōm citrāsanōpaviṣṭāyai namaḥ  
ōm padmāsanayuje namaḥ  
ōm ratnāngulīyaka lasat pādāngulyai namaḥ  
ōm padma garbhōpamānānghri talāyai namaḥ  
ōm bhartṛ śuśrūṣaṇōtkāyai namaḥ  
ōm matimatyai namaḥ  
ōm tāpasīvēṣa dhāriṇyai namaḥ  
ōm tāpatraya nudē namaḥ  
ōm haridrāncat prapādāyai namaḥ  
ōm manjīra kalajatravē namaḥ  
ōm śuci valkala dhāriṇyai namaḥ  
ōm kāncī dāma yujē namaḥ  
ōm galē māngalya sūtrāyai namaḥ  
ōm graivēyālī dhṛtē namaḥ  
ōm kvaṇat kankaṇa yuktāyai namaḥ  
ōm puṣpālankṛtayē namaḥ  
ōm abhīti mudrā hastāyai namaḥ  
ōm līlāmbhōja dhṛtē namaḥ  
ōm tāṅka yuga dīptāyai namaḥ  
ōm nānā ratna sudīptayē namaḥ  
ōm dhyāna sthirākṣyai namaḥ  
ōm phālāncat tilakāyai namaḥ  
ōm mūrdhā baddha jaṭā rājatsuma dāmālayē namaḥ  
ōm bharṭrajnā pālanāyai namaḥ  
ōm nānā veṣa dhṛtē namaḥ

ōm panca parvānvitā vidyā rūpikāyai namaḥ  
ōm sarvāvaraṇa śīlāyai namaḥ  
ōm svabalāvṛta vēdhasē namaḥ  
ōm viṣṇu patnyai namaḥ  
ōm vēda mātṛē namaḥ  
ōm svaccha śankha dhṛtē namaḥ  
ōm mandahāsa manōjnāyai namaḥ  
ōm mantra tattva vidē namaḥ  
ōm datta pārśva nivāsāyai namaḥ  
ōm rēṇukeṣṭa kṛtē namaḥ  
ōm mukha nissṛta śampābha trayī dīptyai namaḥ  
ōm vidhātṛ vēda sandhātryai namaḥ  
ōm sṛṣṭi śaktyai namaḥ  
ōm śānti lakṣmyai namaḥ  
ōm gāyikāyai namaḥ  
ōm brāhmaṇyai namaḥ  
ōm yōgacaryā ratāyai namaḥ  
ōm nartikāyai namaḥ  
ōm datta vāmānka samsthāyai namaḥ  
ōm jagadiṣṭa kṛtē namaḥ  
ōm śubhāyai namaḥ  
ōm cāru sarvāngyai namaḥ  
ōm candrāsyāyai namaḥ  
ōm durmānasa kṣōbha karyai namaḥ  
ōm sādhu hr̥cchāntayē namaḥ



ōm sarvāntas samsthitāyai namaḥ  
ōm sarvāntargatayē namaḥ  
ōm pāda sthitāyai namaḥ  
ōm padmāyai namaḥ  
ōm gṛha dāyai namaḥ  
ōm sakthi sthitāyai namaḥ  
ōm sadratna vastradāyai namaḥ  
ōm guhya sthāna sthitāyai namaḥ  
ōm patnī dāyai namaḥ  
ōm krōḍasthāyai namaḥ  
ōm putradāyai namaḥ  
ōm vamśa vṛddhi kṛtē namaḥ  
ōm hṛdgatāyai namaḥ  
ōm sarva kāma pūraṇāyai namaḥ  
ōm kanṭha sthitāyai namaḥ  
ōm hārādi bhūṣā dātryai namaḥ  
ōm pravāsi bandhu samyōga dāyikāyai namaḥ  
ōm mṛṣṭānnadāyai namaḥ  
ōm vākchakti dāyai namaḥ  
ōm brāhmyai namaḥ  
ōm ājnābala pradātryai namaḥ  
ōm sarvaiśwarya kṛtē namaḥ  
ōm mukha sthitāyai namaḥ  
ōm kavitā śakti dāyai namaḥ  
ōm śirōgatāyai namaḥ

ōm nirdāhakaryai namaḥ  
ōm raudryai namaḥ  
ōm jambhāsura vidāhinyai namaḥ  
ōm jambha vamśa hr̥tē namaḥ  
ōm dattānka samsthitāyai namaḥ  
ōm vaiṣṇavyai namaḥ  
ōm indra rājya pradāyinyai namaḥ  
ōm dēva prīti kṛtē namaḥ  
ōm nahuṣātmaja dātryai namaḥ  
ōm lōka mātṛē namaḥ  
ōm dharma kīrti subōdhinyai namaḥ  
ōm śāstra mātṛē namaḥ  
ōm bhārgava kṣipra tuṣṭāyai namaḥ  
ōm kālatraya vidē namaḥ  
ōm kārtavīrya vrata prīta matayē namaḥ  
ōm śucayē namaḥ  
ōm kārtavīrya prasannāyai namaḥ  
ōm sarva siddhikṛtē namaḥ

śrī anaghā dēvi aṣṭōttara śatanāma pūjām samarpayāmi ।

*I have offered worship to Anaghā Dēvi with Her 108 names.*

**Dhūpam:** *Offering incense*

31. nānā parimaḷa dravya sammēḷaṇa manōharaḥ |  
dhūpassamarpitō dēvāvanaghau pratigr̥hyatām ||

śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
dhūpam āghrāpayāmi |

*Kindly accept my offering of incense consisting of various fragrances. With prostrations I offer incens.*

**Dīpam:** *Offering light*

32. yadbhāsēdam jagadbhāti na dr̥śyētē tathāpi yau |  
tāvubhau tattva sandīptyai dīpairuddīpayāmyaham ||

śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
dīpam darśayāmi |  
dhūpa dīpānantaram śuddha ācamanīyam samarpayāmi |

*I offer this light to the divine couple who are the source of Light to this entire Universe, but yet are not visible to the world. With prostrations to Anagha Swāmi and Anaghā Dēvi I offer the light of the lamps with a prayer to enlighten me with spiritual wisdom.*

**Naivēdyam:** *Offering a meal*

33. rājānnam bahu bhakṣyāttam nānōpaskāra puṣkalam |  
naivēdyam śruti samvēdyau gr̥hyatām anaghau mudā ||

śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
naivēdyam samarpayāmi |  
madhyē madhyē pānīyam samarpayāmi |  
hastau prakṣālayāmi, pādaḥ prakṣālayāmi |  
punarācamanīyam samarpayāmi |

*To the Anagha couple who are the highest exponents of the Vedas, I offer a royal feast consisting of many delicacies. With prostrations I offer this meal. I pray that you accept it with pleasure. I offer drink to sip in between. I wash your hands. I wash your feet. I again offer you water to sip.*

**Tāmbūlam:** *Offering the after-meal refreshment*

34. anagha svāmi janaka prōdhṛtāyūṣya tantrakē |  
prōktaissulakṣaṇairyuktam tāmbūlam prapadēnaghau  
||

śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |

**tāmbūlam samarpayāmi |**

*As per the recipe given in the science of Āyurovēda, the ancient medical science restored by Sage Atri, the father of Datta, I offer this refreshment after the meal. With prostrations to Anagha Swāmi and Anaghā Dēvi, I offer this tāmbūlam.*

**Nīrājanam: Offering the camphor light**

**35. prabhō samantāt parivartitaiśrī  
karpūra nīrājana dīpa mālyaiḥ |  
yuṣman mahārciḥ parivēṣa panktiḥ  
kimmīritābhāstvanaghēnagha prabhō ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
nīrājanam sandarśayāmi |  
nīrājanānantaram śuddha ācamanīyam samarpayāmi |**

*Oh Anagha couple! I wave the camphor flame as an offering to you. May the brilliant circle of light around you appear more and more colorful and radiant by this offering. With prostration to Anagha Swami and Anaghā Dēvi I show this camphor light. I offer a sip of water after showing the camphor light.*

**Mantra Puṣṭam:** *Worship with flowers sanctified with sacred chants*

36. **yau vēdhasē prabala mānasa dōṣa jālam  
unmūlya sattvaram abhāsayatām hi vēdān |  
tāvadyakēli śunakīkṛta vēdajātau  
śrī mantra puṣṭa nicayair anaghau niṣevē ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ | mantra  
puṣṭam samarpayāmi |**

*Oh Anagha couple! By removing the mental imbalance of Brahma, you restored to him the knowledge of the Vēdas, which serve you as your pet dogs. With prostrations I offer you flowers in worship accompanied by sacred chants.*

**Pradakṣiṇam:** *Going round and round (circum-ambulation)*

37. **kārtavīryāja nahuṣa bhārgavēndrādi rakṣakau |  
anaghau lōka pitarau tuṣyētām mē pradakṣiṇaiḥ ||**

**śrī anaghā dēvī samēta śrī anagha svāminē namaḥ |  
pradakṣiṇa namaskārān samarpayāmi |**

*Oh Anagha couple! You have protected the famous Kārtavīryārjuna, Lord Brahma, King Nahuṣa, Sage Paraśurama, and Indra, the Lord of Heaven. You are the parents of the Universe. I walk around you in circum-ambulation, offering prayers and prostrations. May you be pleased with this offering. (one may turn around in the same spot clock-wise three times instead).*

**Prārthanam: Prayer**

**38. manōvākāyōttham kṣapitu magham  
ātmīya vitatēr dhṛtam nūnam yābhyām  
vimalamiha dāmpatya lasanam |  
tayōḥ pāda dvandvam mahima mukha  
putrāṣṭaka lasat parīvāram vande  
satatamanaghākhyā kalitayōḥ ||**

*You remove the sins of your devotees committed by thought, word, and deed. You have incarnated as the sacred couple. Your sons, the eight supernatural powers - Aṇima, Laghima, Prāpti, Prākāmya, Īśitva, Vaśitva, Kāmāvasāyitā, and Mahima are always at your service. I prostrate at your lotus feet.*

**39. viṣṇō anagha datteśwara anaghē lakṣmi mangalē |  
ubhauhi saccidānanda vigrahau bhakta rakṣakau |**

yuvām mē tuṣyatām adya pūjayā suprasīdatām |  
jnātā jnātā parādhānmē kṣamēthām karuṇākarau |  
āyurārōgyam aiśwaryam satkuṭumba pravardhanam |  
saumangalyam yaśō vidyām jnānam ca diśatām mudā ||

*Datta! You are an incarnation of Viṣṇu. Anaghā Dēvi! You are another form of Lakṣmi, the auspicious Goddess of Prosperity. You are both the embodiments of Universal Truth, Spiritual Knowledge, and Eternal Bliss. You protect your devotees. I pray that you be satisfied and pleased with my worship.*

*Oh kind couple! Please pardon me for all my mistakes committed knowingly or unknowingly. Please gladly grant me longevity, good health, wealth, welfare of my spouse and family, fame, scholarship, and supreme knowledge.*

**Samarpaṇam: Dedication**

40. kāyēna vācā manasēndriyairvā |  
buddhyātmanā vā prakṛtē svabhāvāt |  
karōmi yadyat sakalam parasmai |  
nārāyaṇāyēti samarpayāmi ||



*I offer the fruits of all my actions performed by the body, mind, speech, sense organs, intellect, intuition, and individual nature to Lord Nārāyaṇa.*

**Tōra Bandhana Mantram:** *Mantra for tying the sacred thread on the wrist*

**brahma viṣṇu mahēśāna rūpin triguṇa nāyaka |  
traivarṇika namastubhyam tōradēvānaghātmaka ||**

*I offer prayers to Anagha who is in this tri-colored tōram representing Brahma, Viṣṇu, and Mahēśwara. He is the lord of the three guṇas. While chanting this prayer the Tōram is tied to the right wrist as blessing and kept for one to three days.*

*Now the story of Anagha Vratam should be read and/or listened to by all the worshipers. Before commencement, a small amount of yellow rice is held inside the fist. At the end of the story it is offered on the altar.*

**Jaya Guru Datta**

**Sri Anagha Devi Sametha Datta Digambara Kshethram, Gandigunta**

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