

Aditya Hridayam

Namah savitre jagadeka chakshushe
jagatprasooti sthiti naasha hetave
Trayee mayaaya trigunaatma dhaarine
virinchi naaraayana shankaraatmane

1. Tato yuddha parishraantam samare chintayaa sthitam
Raavanam chaagrato drishtvaa yuddhaaya samupasthitam
2. Daivataishcha samaagamyā drashtu mabhyaagato ranam
Upaagamyaabraveed ramam agastyo bhagavaan rishih
3. Rama Rama mahaa baaho shrunu guhyam sanaatanam
Yena sarvaanareen vatsa samare vijayishyasi
4. Aaditya Hridayam punyam sarva shatru vinaashanam
Jayaavaham japennityam akshayyam paramam shivam
5. Sarva mangala maangalyam sarva paapa pranaashanam
Chintaa shoka prashamanam ayur vardhanamuttamam
6. Rashmi mantam samudyantam devaasura namaskritam
Poojayasva vivasvantam bhaaskaram bhuvaneshvaram
7. Sarva devaatmako hyesha tejasvee rashmi bhaavanah
Esha devaasura ganaan lokaan paati gabhastibhih
8. Esha brahmaa cha vishnuscha shivah skandah prajaapatih
Mahendro dhanadah kaalo yamassomo hyappam patih
9. Pitaro vasavassaadhyaa hyashvinou maruto manuh
Vaayur vahnih prajaah praana ritukartaa prabhaakarah
10. Aadityassavitaa sooryah khagah pooshaa gabhastimaan
Suvarna sadrisho bhaanur hiranyaretaa divaakarah
11. Haridashwah sahasraarchih sapta saptir mareechimaan
Timironmathanah shambhuh stvashtaa maartanda amshumaan
12. Hiranya garbhah shishirah tapano bhaaskaro ravih
Agni garbhoditeh putrah shankhah shishira naashanah

13. Vyoma naathah stamo bhedee rig yajussaama paaragah
Ghana vrishti rapaam mitro vindhya veethee plavagamah
14. Aatapee mandalee mrityuh pingalah sarva taapanah
Kavir vishwo mahaa tejaa raktassarva bhavod bhavah
15. Nakshatra graha taaraanaam adhipo vishva bhaavanah
Tejasaamapi tejasvee dvaadashaatman namostute
16. Namah poorvaaya giraye paschimaayaadraye namah
Jyotirganaanaam pataye dinaadhipataye namah
17. Jayaaya jaya bhadraaya haryashvaaya namo namah
Namo namah sahasraamsho aadityaaya namo namah
18. Nama ugraaya veeraaya saarangaaya namo namah
Namah padma prabodhaaya maartaandaaya namo namah
19. Brahmeshaanaachyuteshaaya sooryaayaaditya varchase
Bhaasvate sarva bhakshaaya roudraaya vapushe namah
20. Tamoghnaaya himaghnaaya shatrughnaaya mitaatmane
Kritaghaghnaaya devaaya jyotishaam pataye namah
21. Tapta chaameekaraabhaaya vahnaye vishwa karmane
Namastamobhi nighnaaya ruchaye loka saakshine
22. Naashayatyasha vai bhootam tadeva srijati prabhuh
Paayatyesha tapatyasha varshatyasha gabhastibhih
23. Esha supteshu jaagarti bhooteshu pari nishthitah
Esha chaivaagni hotrancha phalam chivaagni hotrinaam
24. Vedaashcha kratavashchaiva kratoonaam phalameva cha
Yaani krityaani lokeshu sarva esha ravih prabhuh
25. Enam aapatsu krichchreshu kaantareshu bhayeshu cha
Keertayan purushah kashchin naavaseedati raaghava
26. Poojayasvaina mekaagro deva devam jagatpatim
Etat trigunitam japtvaa yuddheshu vijayishyasi

27. Asmin kshane mahaa baaho raavanam tvam vadhishyasi
Evamuktvaa tadaagastyo jagaama cha yathaagatam
28. Etachchrutvaa mahaa tejaa nashta shoko bhavattadaa
Dhaarayaamaasa supreeto raghavah prayataatmavaan
29. Aadityam prekshya japtvaa tu param harshamavaaptavaan
Tiraachamya shuchir bhootvaa dhanu raadaaya veeryavaan
30. Raavanam prekshya hirshtaatamaa yuddhaaya samupaagamat
Sarva yatnena mahataa vadhe tasya dhrito bhavat

Atha ravi ravadannirikshya raamam
mudita manaah paramam prahrishyamaanah
Nishi chara pati samkshayam viditvaa
suragana madhyagato vachastvareti

**(Iti Aarshe Srimad Ramaayane yuddha kaande Aaditya Hridaya Stotram naama
saptottara shata tamah sargah samaaptah)**

Dhyeyassadaa savitr mandala madhya vartee
Naaraayanah sarasijaasana sannivishtah
Keyooravaan makara kundalavaan kireetee
Haaree hiranmaya vapur dhrita shankha chakrah

Mitra ravi soorya bhaanu khaga poosha
Hiranyagarbha mareechi aaditya
savitrarka bhaaskarebhyo namah.
